

Three I's for PSHE

Intent for PSHE

At St. Austin's Primary School, the heart of our curriculum are the Gospel Values which underpin our mission statement. ***'In our school where everyone is special, we will love and serve as Jesus taught'***. To reflect this, the intent of our PSHE ethos is to deliver a curriculum which is accessible to all and that will maximise the outcomes for every child, so that they know more, remember more and understand more. We have a child centred approach to PSHE by helping them to understand how they are developing personally and socially as well as promoting their mental and physical development. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. We want our children to become independent, responsible, healthy and confident members of society who know right from wrong.

Implementation for PSHE

At St. Austin's PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities which widely covers the statutory Health Education and Relationships Education guidance. Our scheme, My Life (**Winner of the 5-star award in the Wellbeing Category of the Teach Primary Awards**) encourages 'personal development of important qualities such as resilience, responsibility and wellbeing'. Key topics throughout KS1 and KS2 are Healthy bodies, Healthy Minds, Family Types, Human Rights, Respect, Bereavement, Body Image, Money Matters, Friendships, Emergency Situations and E-Safety. While our scheme covers key Health and Relationships topics, we ensure the curriculum also reflects the needs of our specific pupils. Alongside our core PSHE strands, KS2 receive first aid training each half term focusing on 'Calling for help', 'Head injuries', 'Bites and stings', 'Asthma', 'Bleeding' and 'Choking'.

Across our school, children use sketch books to record their responses to each topic. We begin topics with a baselines assessment, asking the children what they already

know about the topic. Through this, we aim to address misconceptions first with the children. The children have an opportunity to reflect on their baseline assessment at the end of the topic and edit or add the additional knowledge they have learnt.

PSHE has been carefully planned and organised into weekly blocks every term. Teachers have specifically planned these weeks as they support and enrich topics through already planned Religion, Science and Maths topics. There are always occasions where staff may feel it necessary to teach PSHE as a result of an issue which has arisen in their own class. This is planned in carefully and is taught in line to show progression across the key stages. PSHE is integral to the development of children's values in order for them to become a positive citizen in a forever changing community. We ensure children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured here at St. Austin's.

Impact for PSHE

By the time our children leave St. Austin's they will:

1. Treat each other with **kindness and respect**.
2. Make good choices in relation to their hygiene, nutrition and exercise.
3. Be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life.
4. Be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society.
5. Appreciate and celebrate difference and diversity.
6. Be able to understand and manage their emotions while looking after their mental health and well-being.
7. Know how to seek help and being confident with who their trusted adults are.
8. Be able to develop positive, healthy relationship with their peers both now and in the future.
9. Understand the physical aspects involved in RSE at an age appropriate level.