

Intent

INTENT

All of our children will have consistent access to a broad, balanced and high quality programme of physical education and activity which will promote their development in the following areas:

HEAD – THINKING

- Decision making
- Analytical – deep understanding
- Confidence
- Creativity

HANDS – DOING

- Physical competence
- Growth and development
- Physical activity
- Competition

HEART – BEHAVIOUR

- Being involved and engaged
- Growing socially and emotionally
- Building character and values
- Leading a healthy active lifestyle

Implementation

IMPLEMENTATION: NATIONAL CURRICULUM

Physical Education National Curriculum 2014

The national curriculum for physical education aims to ensure that all pupils develop competence to excel in a broad range of physical activities/are physically active for sustained periods of time/engage in competitive sports and activities/lead healthy, active lives.

Key Stage One

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

PE – Intent, Implementation and Impact (Taken from St Austin’s PE Handbook)

Key Stage Two	
Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.	
	<ul style="list-style-type: none"> • use running, jumping, throwing and catching in isolation and in combination
	<ul style="list-style-type: none"> • play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending
	<ul style="list-style-type: none"> • develop flexibility, strength, technique, control and balance
	<ul style="list-style-type: none"> • perform dances using a range of movement patterns
	<ul style="list-style-type: none"> • take part in outdoor and adventurous activity challenges both individually and within a team
	<ul style="list-style-type: none"> • compare their performances with previous ones and demonstrate improvement to achieve their personal best.
Swimming and Water Safety	
All schools must provide swimming instruction either in key stage 1 or key stage 2.	
	<ul style="list-style-type: none"> • swim competently, confidently and proficiently over a distance of at least 25 metres
	<ul style="list-style-type: none"> • use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
	<ul style="list-style-type: none"> • perform safe self-rescue in different water-based situations.

Implementation for progress, planning etc is available in the PE handbook.

Impact

IMPACT

OUR PE CURRICULUM

Responds to the unique value of every child and supports the formation of the whole person.

Ensures all of our children have equal access to relevant and accessible curriculum and a range of pedagogy which support them to reach their full potential with regards to their Spiritual, Moral, Emotional, Intellectual, Social, Physical and Cultural development.

Provides opportunities for our children to:

- Access training through specialist coaching
- Access a range of extra-curricular sports
- Socialise with different peer groups
- Compete
- Be signposted to local, regional and national clubs
- Embed the Gospel values of Excellence, Respect, Responsibility, Courage, Commitment, Co-operation, Inclusion, and Initiative
- Embed the British Values of Democracy, Tolerance and Mutual Respect

OUR CHILDREN

All of our children have consistent access to a broad, balanced and high quality physical education which promotes their development in the following areas;

- **HEAD – THINKING:** Decision making, Analytical – deep understanding, Confidence, Creativity
- **HANDS – DOING:** Physical competence, Growth and development, Physical activity, Competition
- **HEART – BEHAVIOUR:** Being involved and engaged, Growing, socially and emotionally, building character and values, Leading a healthy balanced lifestyle

PE – Intent, Implementation and Impact (Taken from St Austin’s PE Handbook)

OUR SCHOOL IS

- An **INCLUSIVE SCHOOL** where all are treated equally and fairly and given equality of opportunity and voice regardless of gender, religion, additional need, ability or race
- An **ACHIEVING SCHOOL** in which success and achievement are promoted and all of our children are supported to set high standards for themselves and to work hard to achieve these
- A **HEALTHY SCHOOL** in which the physical, social spiritual and emotional education and development of our children through both our curriculum and extra- curricular provision
- An **ACTIVE PARTNER** with local and national sports clubs with the shared aim of providing the best possible physical education for our children